

### *Schedule*

If you would like to please contact the office to schedule at a time that is convenient for you. Peninsula Kidney Associates is open from 8:30am to 5:00pm. To schedule an appointment at any of our office locations, please call **757-251-7469**.

### *Insurance Information*

This CKD education program is reimbursed by Medicare only. Patients with commercial insurance should contact their insurance carrier directly if they feel coverage may be available. Peninsula Kidney Associates will file your insurance claim for you. Please bring a copy of your insurance card with you to your visit.



### **HAMPTON**

501 Butler Farm Road  
Suite I  
Hampton, Virginia 23666  
Phone: (757) 251-7469  
Fax: (757) 251-7470

### **NEWPORT NEWS**

716 Denbigh Boulevard  
Suite A5  
Newport News, Virginia 23602  
Phone: (757) 251-7469  
Fax: (757) 369-2730

### **WILLIAMSBURG**

205 Bulifants Blvd  
Suite A  
Williamsburg, Virginia 23188  
Phone: (757) 345-5876  
Fax: (757) 345-0770

[www.peninsulakidneyassociates.com](http://www.peninsulakidneyassociates.com)

### **Peninsula Kidney Associates**

### **Chronic Kidney Disease Education Program**



Ola B. Ayodeji, M.D., MPH,  
F.A.C.P  
Thomas M. Beazlie, M.D.  
Khalil B. Dahdah, M.D.  
Joanne C. Siu, M.D.  
Hoang-Hai Nguyen, M.D.  
Merfake H. Semret, M.D.  
Shuping Wang, M.D.  
Linda Jones-Brandon, C.F.N.P

## Chronic Kidney Disease

### Your Treatment

# Your Choice!

Peninsula Kidney Associates is proud to present **“Chronic Kidney Disease, Your Treatment Your Choice!”** Developed by the National Kidney Foundation this program is intended to educate patients about choices and treatments for kidney disease.

This educational program consists of six sessions developed to assist you in making informed choices on how to live well with kidney disease. These informal sessions will be held one on one with your doctor and run about 35 to 60 minutes each. If you have had education on kidney disease in the past and still have questions you are encouraged to call. This program is a Medicare covered benefit and family are welcome.

#### Chronic Kidney Disease What You Need to Know

Learn what chronic kidney disease is and why treatment is needed to maintain life.

#### Choosing Dialysis

Learn the dialysis process and the choices available for dialysis.

#### Chronic Kidney Disease What You Can Do

Learn ways that chronic kidney disease affects the body and what you can do to reduce the risk for complications.

#### Choosing The “No Treatment” Option

What are the implications if you decide to choose no treatment for your kidney disease.

#### Choosing Transplantation

Discuss advantages and disadvantages of transplantation and the process to get a transplant.

#### Living Well With Your Choices

Understand common concerns people express about having kidney failure.

### Hoang-Hai Nguyen, M.D.



Medical College of Virginia  
Nephrology and Transplant  
2006-2009

Board Certified: Internal  
Medicine and Nephrology

Transplant Nephrologist

### Thomas M. Beazlie, M.D.



Medical College of Virginia  
Nephrology Fellowship  
1978-1980

Board Certified: Internal  
Medicine and Nephrology

### Merfake H. Semret, M.D.



Mayo Clinic  
Nephrology Fellowship  
2008-2011

Board Certified: Internal  
Medicine and Nephrology

### Joanne C. Siu, M.D.



North Shore University  
Hospital  
Nephrology Fellowship  
1999-2001

Board Certified: Internal  
Medicine and Nephrology